

Dirt School Advanced Academy

Please read the following information about this course carefully. If you have any further questions, please don't hesitate to get in touch with Dirt School using the details below.

Meeting Point for each day:

We'll meet at Dirt School HQ at 60 Innerleithen High Street. Follow [this link](#) to see our location on Google Maps. This will also be the pick up point at the end of each day.

Day Format

Each day is 4 hours long, starting at 10:00 and finishing at 14:00. However, we would ask if you could arrive fifteen minutes early at 09:45 to make sure everything is in order and that we have your disclaimer/emergency contact detail forms filled in. The class will start at 10:00 sharp.

Lunch

We will have a lunch break halfway through each day. We will not return to HQ for lunch so can you ensure your child brings a packed lunch that they can carry easily in their bags. Dirt School will not provide lunches.

Uplift

On Friday we will have access to our own private bus with Adrenalin Uplift. This will give us lots of extra time on the bike to put everything we've learnt over the first 3 days into practice. Days 1 – 3 kids will be pedaling between trails.

Equipment

A certified cycling helmet and gloves are compulsory. Weatherproof clothing is also a necessity. As the weather is changeable please pack for every eventuality. We also strongly recommend using knee pads and any other protection that you feel would give you more confidence on the day. Flat pedals are also highly recommended.

Please ensure that the bike you turn up with is in full working order and is relevant for the day. For more information on how to check that your bike is maintained well follow [this link](#). If you need to hire a bike for the day please get in touch with us using the details below. We'll be able to offer you a discounted rate on hire through our partnership with Alpine Bikes - both hardtails and full suspension bikes are available.

Your kid will be out on the trail sectioning areas all morning and afternoon. For this reason making sure that they carry a small hydration pack is of use. Hydration is crucial for concentration and keeping energy levels up. Some food and a spare inner tube is also worth packing to avoid your day finishing early. Dirt School will not provide spares. Alpine Bikes are located at Glentress if you need any last minute spares before the course starts, or there is iCycles bike shop in Innerleithen (opposite Co-op)

Weather Cancellation

If for any reason the conditions are deemed dangerous by the Dirt School coach, you will be offered another date or a full refund. Should this happen, we will contact you as soon as possible using the details you have provided.

We look forward to seeing you soon.

Kind Regards,
Dirt School Ltd.

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